



USA SJ / NC Equipment Control Protocol Guide*

July 2017

Equipment Testing for US Nationals and International qualifying events

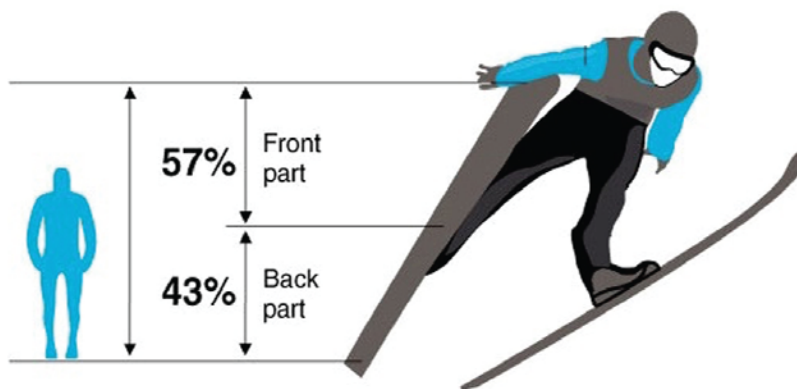
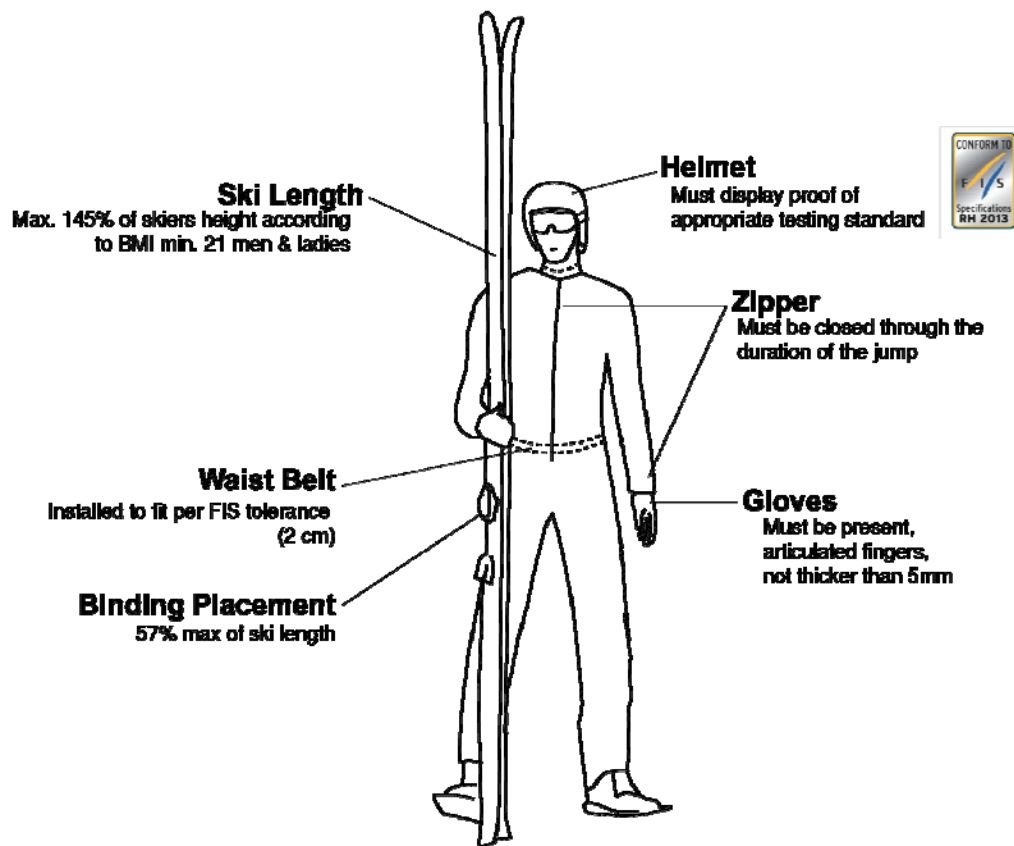
*it is the responsibility of the athlete to know and conform with FIS ICR's and any exceptions taken by USSA

FIS ICR & SCE ("International Competition Rules" & "Specifications for Competition Equipment") are available from the FIS website, found linked below.

[Specifications for Competition Equipment](#)

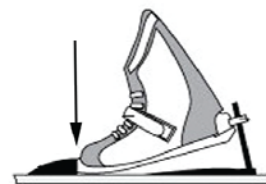
[Ski jumping ICR](#)

<u>Equipment</u>	<u>FIS ICR Ref.</u>	<u>Note(s):</u>
Ski	SCE (D) 1.	
Length	SCE (D) 1.2.1.1	Max. Length = 145% of body Ht. according to BMI min. 21 (men/ladies)
BMI	SCE (D) 1.2.1.1	For Athletes less than min., see grading table (0,125 BMI per 0,5% ski length)
Binding Placement	SCE (D) 2.2	Max. 57% of ski length is dedicated to front w/ shovel curvature to leather of toe. Rounded up or down to full cm
Helmet	SCE (D) 5.	
Compulsory		Display Sticker "RH2013" (Conforms to EN 1077 A & ASTM 2040)
Gloves	SCE (D) 7.	
Compulsory		Max. 5cm, correspond to hand size, contain Articulated fingers
Suits	SCE (D) 4.	
Waist Belt		Must be present at waist seam, installed to fit per FIS tolerance (2cm – July 2017)
Zippers		Suit must be closed by means of a zipper placed at the center of the front



Ski Length

Max. 145% of skiers height with min. BMI of 21 (Men & Women)
 Weight is measured w/ out helmet & Gloves
 Height is measured from the inside of the foot, with feet spread 40 cm apart. If athletes are under the minimum BMI of 21, maximum ski length is reduced. For every 0.125 under allowable BMI there is a 0.5% reduction in allowable ski length.
 (Refer to the Specifications for Competition Equipment available from the FIS website @ www.fis-ski.com > inside FIS > document library > Ski Jumping > Rules >



Binding Placement

57% of the ski length, measured from the tip of the ski to the leather of the boot, following the curve of the tip.