

*18th*



**Annual North American Jindro Mayer Springer Tournee  
US Large Hill Ski Jumping & Nordic Combined  
Championships**

Utah Olympic Park in Park City, Utah  
July 25 – 30, 2016



## GENERAL INFO –

The 18<sup>th</sup> Annual Springer Tournee will be 1 event on each ski jump up to the HS-100, in which top Junior and Senior Ski Jumpers and Nordic Combined athletes from all over North America compete. After the events on each hill, an overall winner is crowned the Jindro Mayer Springer Tournee Champion for each hill & U class for Ski jumping and Nordic Combined. The Large Hill US Ski Jumping/Nordic championships will take place Saturday July 30<sup>th</sup> 2016.

Overall awards 1-3 in each U class, and Nordic Combined will be given out. Awards will take place Saturday evening following the events in Soldier Hollow, Utah.

## COMPETITION FORMAT:

The Nordic Combined events will consist of one jumping event, and one cross-country running event U12 and younger and roller skiing for U14/16/18/20. The Nordic Combined events will be Gundersen start format, (U20- Open events will be run like a FIS event only using the 1<sup>st</sup> jump)



**REGISTRATION:** Please pre-register using the official registration document included with the invitation. An athlete is only allowed to enter a ***MAXIMUM OF 2 HILLS, PLUS ONE NORDIC COMBINED EVENT.*** Send registration forms to [AAlborn@uolf.org](mailto:AAlborn@uolf.org) and please only one entry form per division!! National teams will be separate.

If you have trouble opening the registration form electronically, please contact [AAlborn@uolf.org](mailto:AAlborn@uolf.org) for a fax or hard copy. Please be sure to fill out all appropriate info.

(\*A valid USSA. membership is required for the US Championships only)

**REGISTRATION DEADLINE IS Monday, JULY 18<sup>th</sup> 5pm. ENTRIES MUST BE RECEIVED BY Alan BY THIS DEADLINE TO ENSURE YOUR ENTRY INTO THE EVENT!**

**WAIVERS** All participants will be required to have a Utah Olympic Park Waiver as well as a Soldier Hollow waiver if competing in the Nordic Combined running/roller skiing races. You can find the waivers by going to the link here:

[Sprinter Tournee #18 Smart Waiver](#)

All checks need to be made out to the Utah Olympic Park.

***Other Questions Contact Alan Alborn***

**Email:** [AAlborn@uolf.org](mailto:AAlborn@uolf.org)

**Phone:** 435.513.0987



## NATIONAL TEAM COACH / TESTING DAY

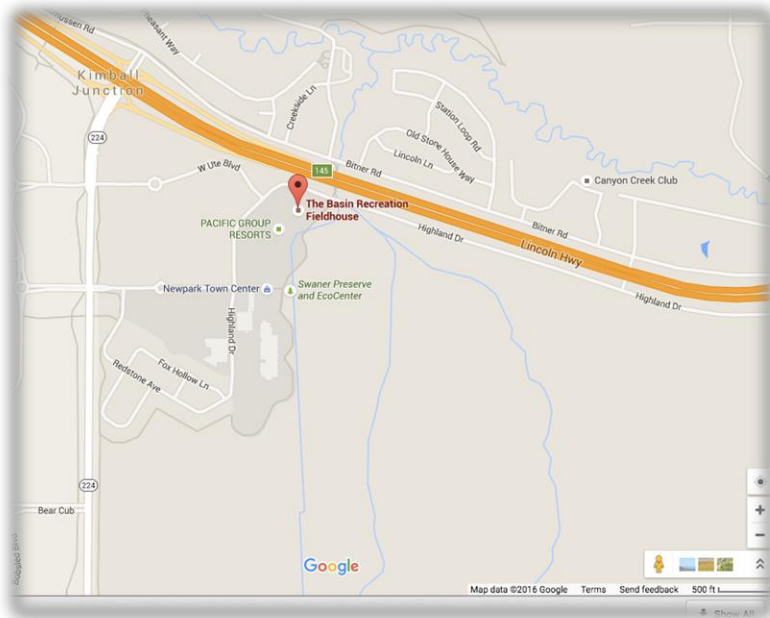
Every year the PCNSC host a National team jumping & testing day. The mentors will coach the kids in the morning 9-12AM Tuesday July 26<sup>th</sup>. In the afternoon we will all meet at Basin Recreation in Kimball Junction at the field house (address below) to gather data on athletes for tracking growth, strength, and agility. The protocol for the testing session is below. This is a great way for all coaches and athletes to see how they are doing compared to all other athletes around North America. We strongly encourage all athletes ages 10 -16 years old to take part. The athletes will be paired up with a mentor national team athlete. Results from the testing are collected and sent to all coaches.

Parents please come and support your athletes jumping with the National team athletes. You are welcome to come watch on the sidelines at Basin Recreation field house as well.

Basin Recreation Field House address:  
1388 Center Dr, Park City, UT 84098

### Testing Protocol:

Height  
Weight  
20-meter sprint  
Single broad Jump  
5 broad jumps  
5 left leg broad jumps  
5 right leg broad jumps  
5 alternating jumps  
Static vertical jump  
Counter movement vertical jump  
Timed agility course



### SOCIAL EVENTS

The Springer Tournee is a time for all Ski Jumping and Nordic Combined families and friends to come together for a week of learning, training, and competition. We also strive to provide social events outside of the sport.

The Park City Nordic Ski Club will be hosting a BBQ night on Wednesday July 27<sup>th</sup> for everyone to get together and make new friends and enjoy the Rocky Mountain evenings at the UOP. We will have games and activities for all in the outrun area below the large hills at the UOP. We will be providing burgers and drinks and we ask you to bring your own meet if you prefer a different protein.



This year we are pleased to have USA Nordic Sports hosting the “Parent Night Out” evening on Friday July 29<sup>th</sup> from 6-8 pm. We will be providing games and activities for the athletes at the Basin Recreation field house and USA Nordic Sports will host the parent mixer at the K-120 Start house at the Utah Olympic Park. Drinks and light horderves will be served. We will not have any food or drink for athletes at Basin Recreation.



## **REGISTRATION FEES:**

**Springer Tournee All HILLS (HS-15 – HS-100) \$155.00** for all events and food on Saturday + Ropes course. (*Hill Fees included for the week*)

**Springer Tournee & US Championships (HS-70 –HS-134) \$235.00** (*Hill Fees included for the week*)

**US Championships Only (HS-134 SJ) \$80.00**

The HS-134 US Championship event is separate from the Springer Tournee.

*HS – 134 SJ (Hill Fees not included for the whole week, only official training and competition)*

**\*\*National Team entry fees\*\***

**A-Team Free**

**B-Team 50% \$40 US Large Hill Championships only**

**C-Team 100% \$80 US Large Hill Championships only**

**Awards Dinner (Saturday July 30<sup>th</sup>) (Catered dinner for all)**

We will have food on site for the Awards from 7PM on Saturday July 30<sup>th</sup> in Soldier Hollow.

**TRAINING FEE:** UOP Hill use fees/lift fees are included in the entry fee. Training requests need to be sent to [mterwillegar@uolf.org](mailto:mterwillegar@uolf.org) and days outside of the Springer Tournee week fees are \$15 Small Hills and \$25 Large Hills. Season pass is \$110. (HS-134 only entries, hill fees are included in entry for Friday & Saturday only)

**PAYMENT & CANCELLATION POLICY:** All payments are due no later than **Wednesday the 27<sup>th</sup>** July to the reservations desk. All divisions need to make one payment to the UOP

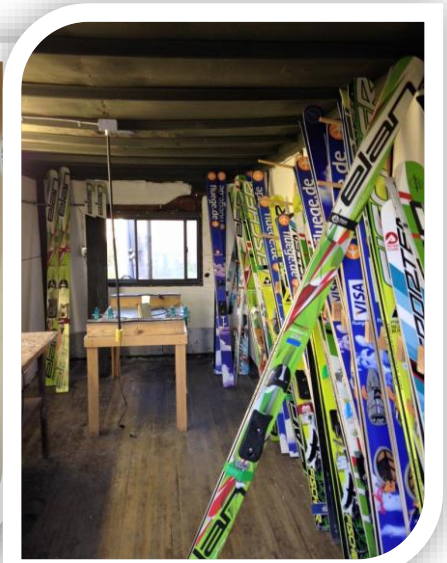
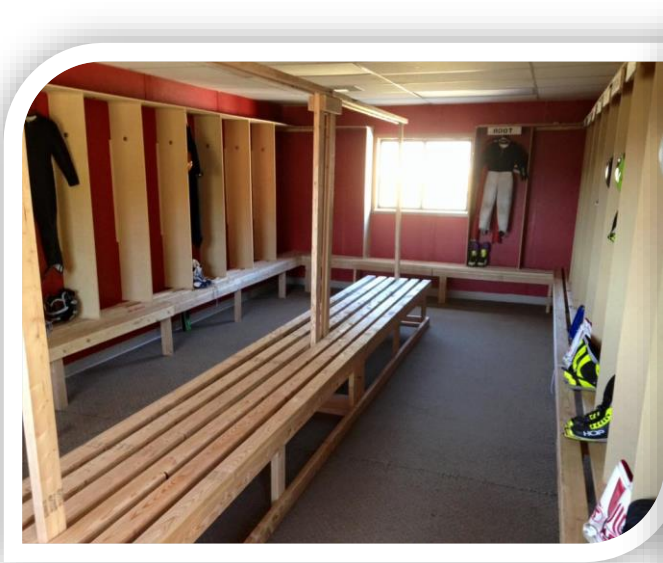
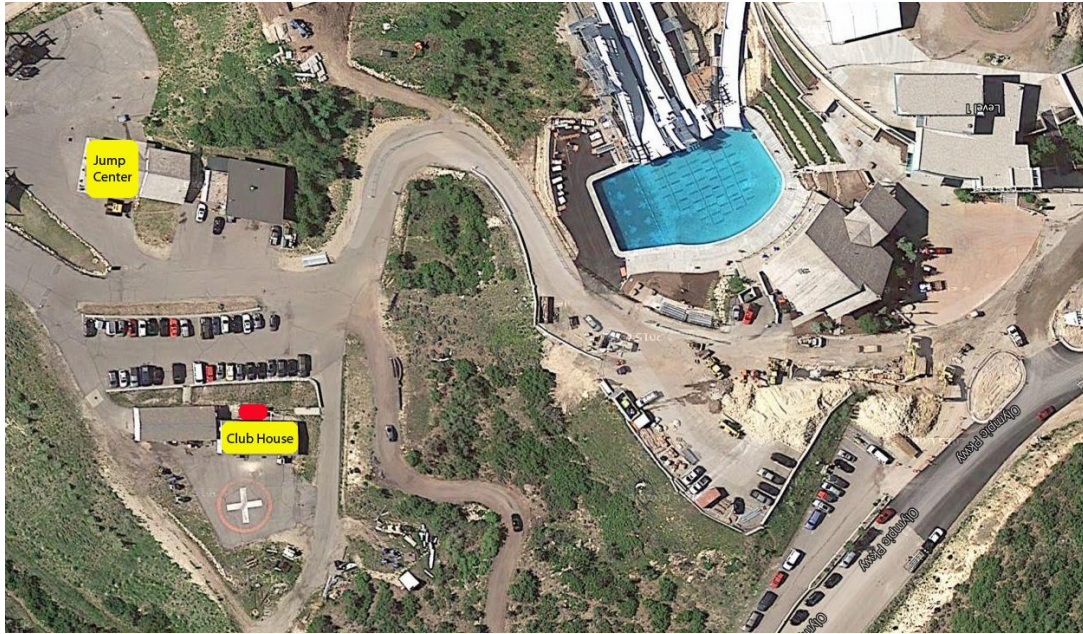
All Refunds will have a \$25.00 processing fee. Once payment is made on the 27<sup>th</sup> no training fees will be refunded. Refunds for competitions must be requested no later than the day of the competition and will be refunded 100% minus processing fee. No refunds will be given after Saturday July 30<sup>th</sup>





**WAXING/CHANGING FACILITIES:**

Each team will be provided the appropriate changing areas/waxing facilities. Please check with the PCNSC office to find out where your team's facilities are located when you arrive. Please respect other teams' spaces and utilize only your teams' facility for waxing and changing. There is no waxing in the event tent at the base of the small hills or the start houses of the HS100-134.





**HOUSING/TRAVEL:**

Each team is responsible for your own transportation and lodging. Below are several numbers for possible housing.

**Best Western Landmark Inn:**

Kimball Junction/ right at the bottom of Utah Olympic Park **800.548.8824**

**HYATT PLACE Park City \$89 per night 7-25 - 30**

On HWY 224 just a few miles from the Utah Olympic Park **435.766.1234**

Guests can go to [parkcity.place.hyatt.com](http://parkcity.place.hyatt.com) and use the code **G-SP16** under *Special Rates- Corporate or Group Code*

**Hampton Inn and Suites:**

Landmark drive/right at the bottom of Utah Olympic Park **435.645.0900**

**Marriott Hotels:**

Several locations in Park City **800.228.9290**

**Mountain Planet**

Resort Property Rental Specialists <http://mountainplanet-lodging.com> **877.711.0921**

**Ptarmigan property rentals**

Susan Shay (Condo's)



**435.645.7466**





## ST #18 Week Schedule (Internal UOP Version)

Monday July 25<sup>th</sup>

9:00AM – 12:00PM  
12:00PM – 3:00PM

Open training all hills (split groups)  
**Tubing on all hills K90/K64/K40/K20**

(Individual tubing tix sales stops @ 3p – Gold wristbands can no longer exit lift at mid-station, finish single ride by 4pm)

4:00PM – 7:00PM  
4:00PM – 6:00PM

Open training all hills  
Team leaders meeting

Hyatt Place Hwy 224

Tuesday July 26<sup>th</sup>

9:00AM – 12:00PM  
12:00PM – 3:00PM

National team athletes coach kids  
**Tubing on all hills K90/K64/K40/K20**

(Individual tubing tix sales stops @ 3p – Gold wristbands can no longer exit lift at mid-station, finish single ride by 4pm)

1:00PM – 4:00PM  
4:00PM – 7:00PM  
6:00PM – 8:00PM

North America Testing  
Open training all hills  
Coaches education roundtable

Basin Recreation Field House

Hyatt Place Hwy 224

Wednesday July 27<sup>th</sup>

9:00AM – 12:00PM  
12:00PM – 3:00PM

Open training all hills (split groups)  
**Tubing on all hills K90/K64/K40/K20**

(Individual tubing tix sales stops @ 3p – Gold wristbands can no longer exit lift at mid-station, finish single ride by 4pm)

4:00PM – 7:00PM  
6:00PM – 8:00PM

Open training all hills (split groups)  
PCNSC BBQ

Base of Large hills UOP – games

7:00PM – 9:00PM

in the flats  
Coaches education roundtable

Quinney Conference Room UOP

Thursday July 28<sup>th</sup>

8:00AM – 11:30AM  
9:00AM – 12:00PM  
12:00PM – 3:00PM

HS-68 Trial and two to count  
Open training small hills HS10-42  
**Tubing on Large hills Only K90/K64**

(Individual tubing tix sales stops @ 3p – Gold wristbands can no longer exit lift at mid-station, finish single ride by 4pm)

3:00PM – 6:00PM  
4:00PM – 7:00PM  
7:00PM – 9:00PM

HS10 – 42 Trial and two to count  
Open training Large Hills  
WSJ-USA Annual Gala fundraiser

see wsjusa.com for more details

Friday July 29<sup>th</sup>

8:00AM – 11:30AM  
9:00AM – 12:00PM  
12:00PM – 3:00PM

HS-100 Trial and two to count  
Open training small hills HS10 -42  
**Tubing on all hills K90/K64/K40/K20**

(Individual tubing tix sales stops @ 3p – Gold wristbands can no longer exit lift at mid-station, finish single ride by 4pm)

1:00PM – 2:00PM  
4:00PM – 6:00PM  
6:00PM – 8:00PM  
6:00PM – 8:00PM

Team captains meeting US Championships QCR UOP  
Open training all hills  
USANS “Parents Night Out” HS134 Start House UOP  
PCNSC Athlete activities Basin Recreation Field House

Saturday July 30<sup>th</sup>

8:00AM – 12:00PM  
12:00PM – 4:30PM

OT/Trial & two to count HS-134 US Champs  
**Tubing on all hills K90/K64/K40/K20** (If comp finishes before noon tubing can open at normal time and normal shut down procedure)

5:00PM – 8:00PM

ST#18/ US Champs running and roller skiing Soldier Hollow  
Awards and dinner to follow races approx. 7PM.



## Age Classes

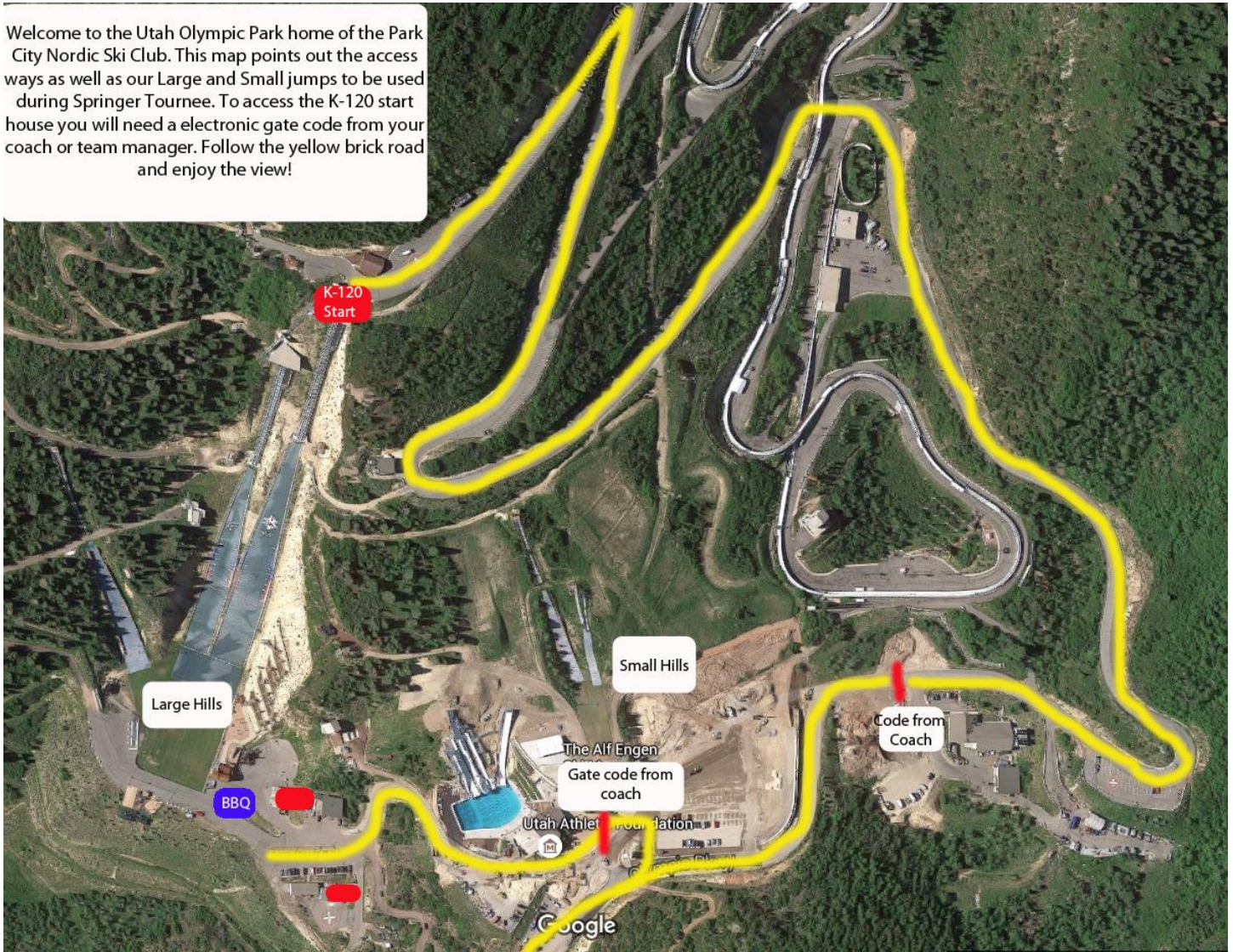
New Age Class	Old Age Class	Hill Size	Nordic Combined Race Length
U-10	J5/6	HS-10	1km race
U-12	J4	HS-20	2km race
U-14	J3	HS-40	3km race
U-16	J2	HS-60	5km race
U-18	J1	HS-100	10km race
U-20	J1	HS-100/130	10km race
U-30	SR	HS-100/130	10km race



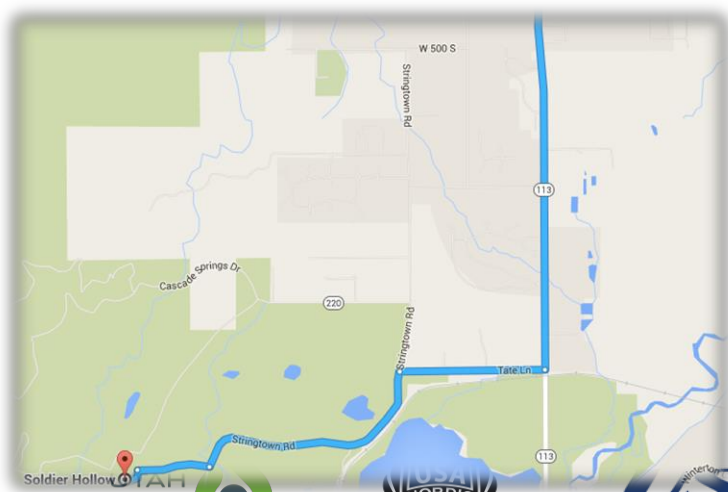
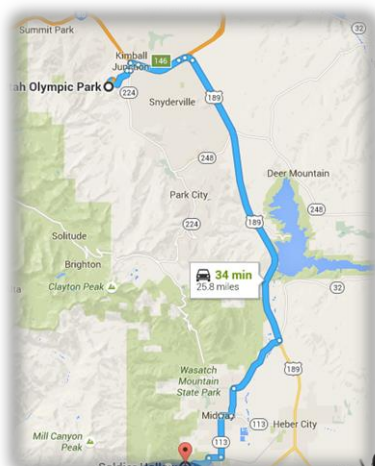


# FULL SITE MAP UOP

Welcome to the Utah Olympic Park home of the Park City Nordic Ski Club. This map points out the access ways as well as our Large and Small jumps to be used during Springer Tournee. To access the K-120 start house you will need an electronic gate code from your coach or team manager. Follow the yellow brick road and enjoy the view!



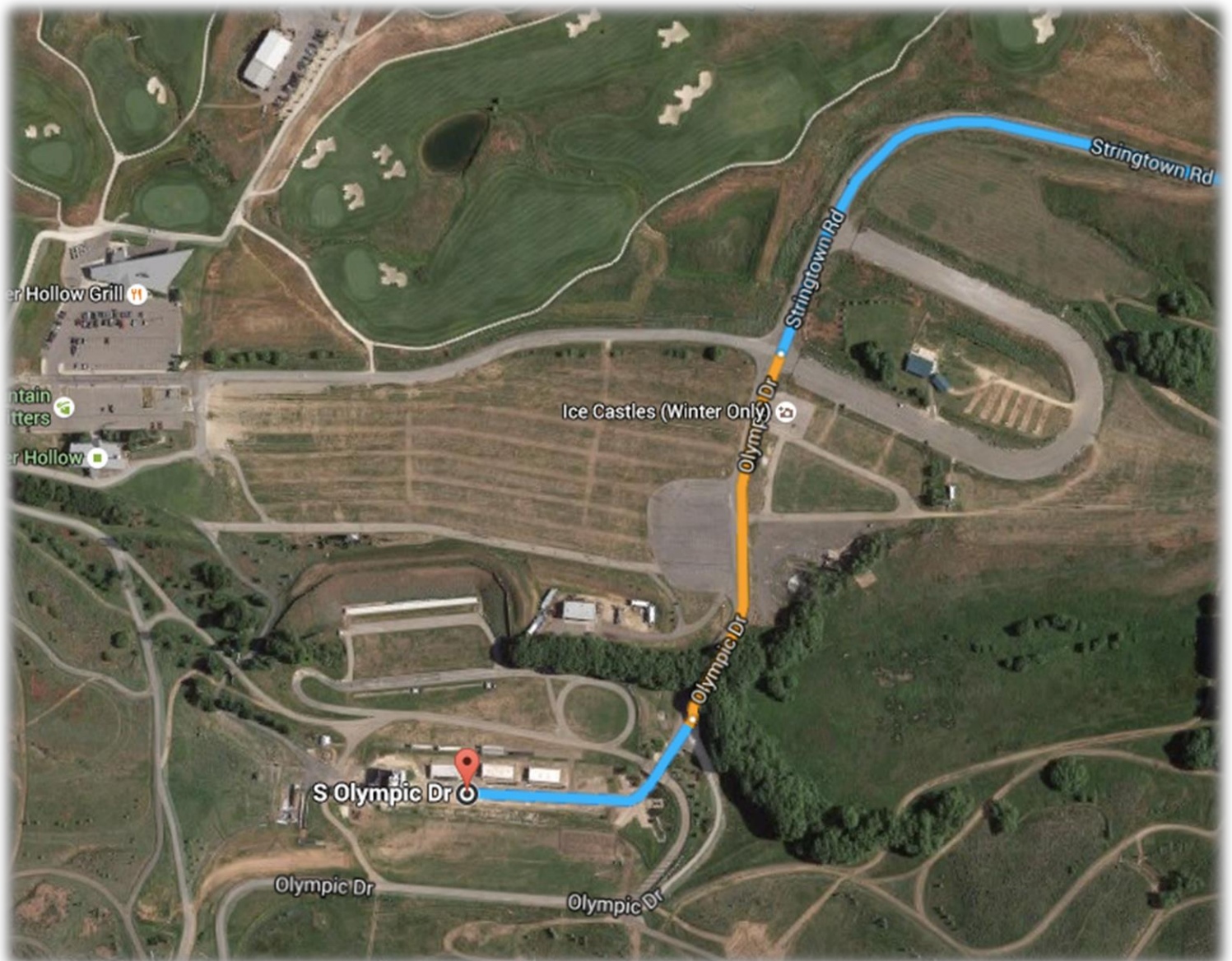
Soldier Hollow race course map will be supplied to coaches and team managers Monday July 25<sup>th</sup> prior to Saturday's events.





# SOLDIER HOLLOW MAP AND PARENT / ATHLETE DIRECTIONS

S Olympic Dr, Midway, UT 84049



**We look forward to seeing everyone in July!**

