



VIRTUAL NATIONAL
CHAMPIONSHIPS

2021/2022

Virtual Nationals Protocol

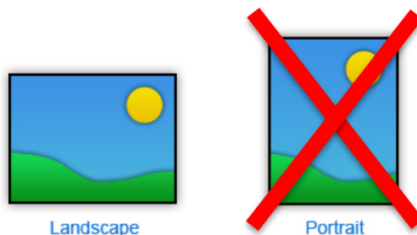
Protocol Approved by the USA Nordic Sport Development
Committee

After last years' cancellation of the U.S. Cup Junior Series, the Virtual Nationals were open to any U14, U12, or U10 athlete who wished to participate. Following great feedback on the new format, we have decided to continue to open the Virtual Nationals competition to any athlete wishing to submit a video, while the U.S. Cup Junior Series will run as a stand-alone event.

- **ANY** U10, U12, and U14 athlete with a **current paid-athlete** membership may submit a video (see video submission guidelines).
- As in previous years, each age group, and gender, will have a compilation of all videos submitted.
- Videos should be of skiers on their age-appropriate hill. They are as follows:
 - U10: 10-20M
 - U12: 15-30M
 - U14: 30-50M
- Video submissions must follow the guidelines below to be accepted for the 2022/2022 Virtual Championships. **Video submissions for this season's Virtual National Championships should be a competition jump. If that is not feasible then a practice jump may be submitted.**

GUIDELINES:

- Cell phone video is acceptable but the higher the quality the better
- If using a cell phone, please use a LANDSCAPE PERSPECTIVE (cell phone long ways) rather than portrait perspective (cell phone up and down)



- Take the video from the side of the hill, ideally from a judge's perspective
 - Videos from the bottom of the hill make it much harder to see the skier
- The video should include the in-run, takeoff, and landing phases of the jump
- Only **LIVESPEED** videos will be accepted
- **NOTE:** In most cases, if the video file is over 25MB it must be submitted via a file sharing app such as Google Drive or Dropbox.

NOTE- the Virtual Championships are an imperfect measure of ability and intended to foster learning and community and not serve as the ultimate arbiter of who's the best in the nation.

For questions or feedback please contact Karin Bauer at karin@usanordic.org or (435) 252-6838