

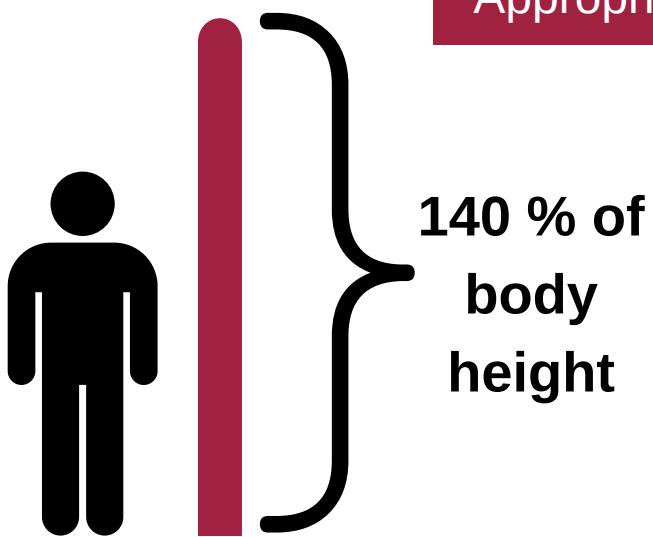
SKI JUMPING EQUIPMENT RULES



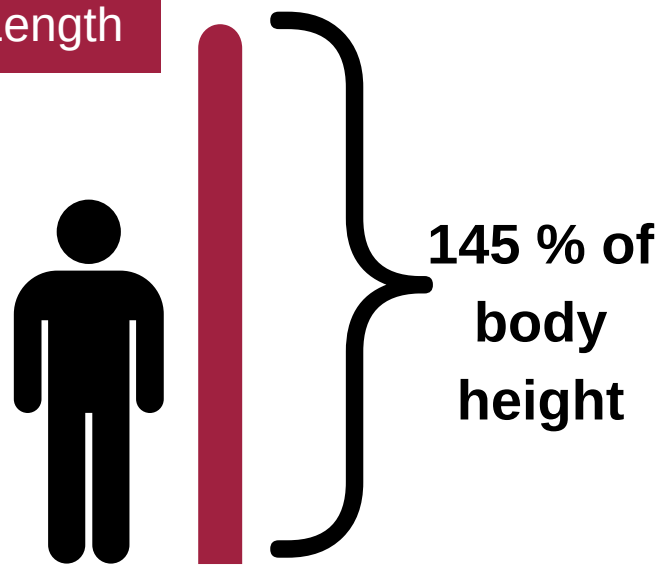
U16 & Under

U18 & Older

Appropriate Ski Length



*BMI DOES NOT apply



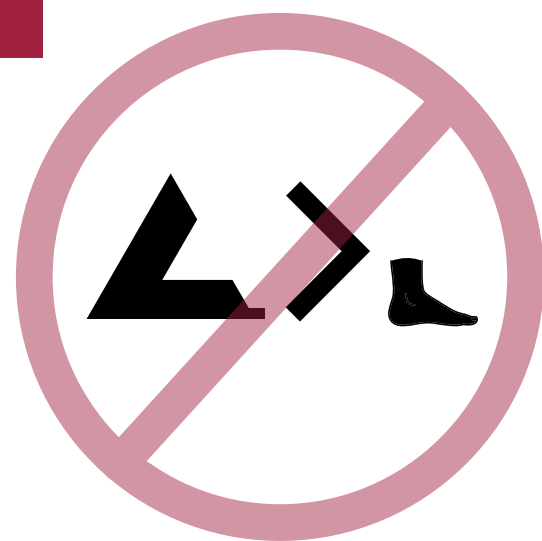
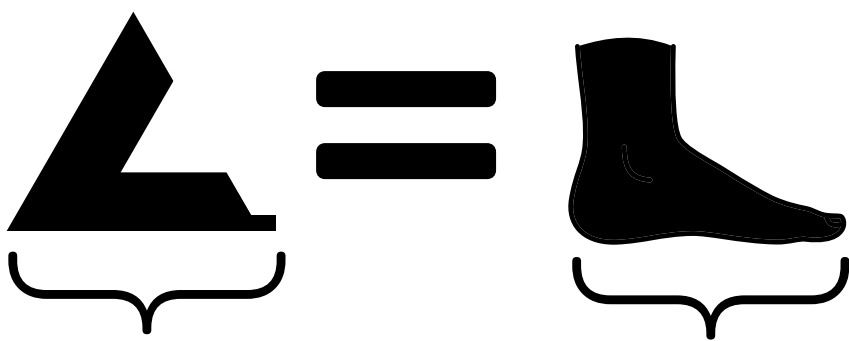
*BMI applies - see FIS chart

Binding Placement

*Be sure to press the tape measure down through the depression at the tip of the ski

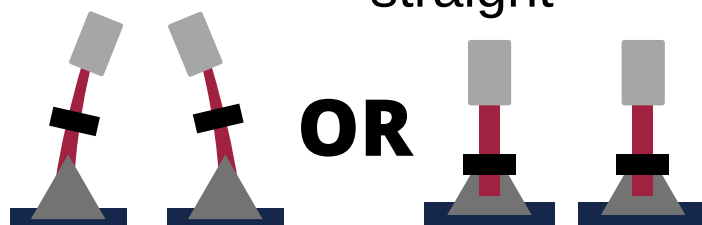
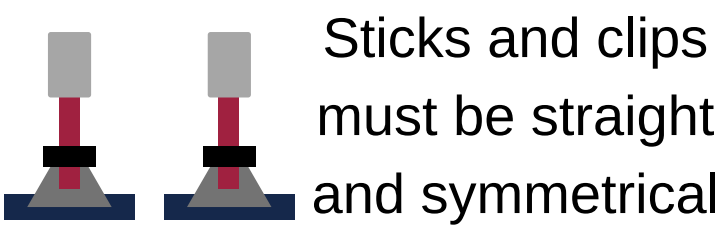
57% of ski length from tip of ski to leather toe of boot

Boot Size



Binding Rods and Clips

Sticks and clips may be curved or straight



Suits

No limitations

Suits should be form-fitting and adhere to the FIS guidelines on page 13 of the [FIS equipment standards](#)