



USA NORDIC COACHING POLICY

PURPOSE OF THE GUIDELINES

As the National Leadership Organization, we are tasked with providing athlete programming and development for the sports of Ski Jumping and Nordic Combined. USA Nordic has published this document to set standards for coaches certification at the club level. These guidelines are not intended to be punitive, but rather to improve the quality and safety of programs and to instill confidence in parents that Ski Jumping is a safe sport. Safety of athletes is the top priority of USA Nordic, and secondarily, we strive to create a system of development where athletes have high quality coaches and a clear pathway for both athletes and coaches to progress within the sport.

STATEMENT

Athletes must be protected both on and off the hill. Adults working with athletes should undergo a background check to ensure that it is appropriate for them to be working with athletes.

For the safety and welfare of athletes, it is the official policy of USA Nordic Sport that every club shall have:

- A Club Coach Representative
 - Confirms coach and parent eligibility to work with athletes within the club
 - Assists with coaches training and education
 - Is at a minimum a US Ski and Snowboard club volunteer
 - Is a USA Nordic member
- A Head Coach
 - US Ski and Snowboard Level [100 certified in Ski Jumping](#) (Cost \$160)
 - Requirements for certification:
 - A [USSA Coach/Official Membership](#) (Cost TBD, club should assist)
 - Includes a background check
 - Includes SafeSport Training
 - CPR certification (online is sufficient)
 - [Concussion training](#) (free through CDC)
 - USA Nordic coach membership
 - Help to mentor parent coaches
 - Create a positive, fun learning experience that promotes the Nordic sports
 - Age-appropriate training and expectations
 - Stay up to date on coach's certification
- Furthermore, any person working with athletes on and off the hill is expected to have at a minimum, a [US Ski and Snowboard Club Volunteer membership](#).
 - Includes a background check
 - This person should also be:
 - CPR certified
 - Concussion trained
 - SafeSport trained