### Come One Come all to Coleraine in beautiful Northern Minnesota

## 2022 Redwing Challenge and Central Division Championships

# SKI CLUB

#### Friday February 11<sup>th</sup>

70 Meter training – watch for updated information
Jumping Hills open for training by prearrangement
Must have own coach present for Jr. Hills, no Central coach provided Friday

#### Saturday February 12th

	Saturday February 12
9:00	Open training and registration
11:30	Junior Hills close for cross country Race
12:00	Fun Cross Country Teddy Bear Chase Race – Need not be a jumper to race
1:00	Open training and registration
3:30	70 Meter closed
4:00	70 METER NON-SANCTIONED JUMP COMPETITION – Small hills closed
	Sunday February 13 <sup>th</sup>
9:00	Open training and registration
11:00	Registration closes
	Hills close for meet prep
12:00	OPENING CEREMONY – The best in the nation.
	NON-SANCTIONED JUMP COMPETITION - Starting on the Sue Slide and continuing up to the 40 M
	AWARDS immediately following jumping competition.

(Note: Sue Slide awards will be given following their competition as we lose the littles to naps)

#### **REGISTRATION**

<u>EARLY REGISTRATION IS ENCOURAGED!</u> Can register on Team Snap or send Email to: Andrea Mackey <u>ajmackey@hotmail.com</u> listing: Name, Age, Club, Hill, Class and if doing Cross Country race. If unsure of hill you will jump just list it as it is easier to remove a jumper than to add in. Two Hill limit.

Registration for the 70 meter will be accepted until 3:00 pm Saturday. Registration for the Junior Hills will be accepted until 11:00 am Sunday. Please turn in forms and payment in the Dry (Building at base of Jumps)

Hill classes: Sue Slide: Only for jumpers not ready for the 8 meter. 8 Meter – U6, U8; 15 meter – U10; 20 Meter – U12, 40 Meter – U14, 40 Open, Masters; 70 meter – U14, U16, U20, Older, Masters

#### **FEES**

8/15 Meter - \$15; 20/40 Meter - \$20; 70 Meter - \$25; 2<sup>nd</sup> Hill \$10 discount; Hill fee non comp day - \$10, Fun X-country - \$5 Sue Slide participants: - only for those who are not yet ready to tackle the 8 meter - FREE

#### Itasca Ski Jump Club COVID POLICIES

We will be following the safety guidelines set forth by the Centers for Disease Control and Minnesota Department of Health as well as the Athletic associations.

- Masks are recommended inside all buildings and when within 6 feet of non-family members outside.
- Avoid touching mouth, nose and eyes and sanitize hands after doing so. Tissues and sanitizer will be available in both buildings.
- Restrooms are available in the Main Chalet
- The Junior Clubhouse will be available for changing and limited warming up time. Jumpers are to get ready and get outside as quickly as possible. Only jumpers, coaches, officials and parents helping out on the hill will be allowed in the Dry building to warm up.
- Buildings and heavy use areas will be sprayed down with MDH recommended disinfection spray following use.

#### FOOD

#### Minimal concessions on site

Bar and Grill in Coleraine, Many restaurants in Grand Rapids.

#### **CONTACTS**

Coach Sue Kavanagh 218-256-0066 cell (call or text)

Email: suemarhen@gmail.com

Coach Doug Maki cell phone 218 256 6431 (call or text)

Where The Locals Know To Go
The Locker Room Bar and Grill
Main Street Downtown Coleraine
Special \$7 Baskets for Ski Jumpers and their Families

Just mention Ski Jumping Rate